## Livingston County & Western Oakland Meals on Wheels - January 2025 Menu

1/7/2025  Baked Ziti Italian Vegetables  Tossed Salad  Peaches  Breadstick  0  Tuesday 1/14/2025	1/8/2025  Sweet & Sour Chicken Asian Vegetables Whole Grain Rice Pinepple Whole Grain Bread 0	1/9/2025  Hamburger w/cheese  Hamburger Bun  Potato Salad  Broccoli  Orange	1/10/2025  Beef Chili Corn Tossed Salad Banana Cornbread
Italian Vegetables Tossed Salad Peaches Breadstick 0 <u>Tuesday</u>	Asian Vegetables Whole Grain Rice Pinepple Whole Grain Bread 0	Hamburger Bun Potato Salad Broccoli Orange	Corn Tossed Salad Banana
Italian Vegetables Tossed Salad Peaches Breadstick 0 <u>Tuesday</u>	Asian Vegetables Whole Grain Rice Pinepple Whole Grain Bread 0	Hamburger Bun Potato Salad Broccoli Orange	Corn Tossed Salad Banana
Tossed Salad Peaches Breadstick 0 <u>Tuesday</u>	Whole Grain Rice Pinepple Whole Grain Bread 0	Potato Salad Broccoli Orange	Tossed Salad Banana
Peaches Breadstick 0 <u>Tuesday</u>	Pinepple Whole Grain Bread 0	Broccoli Orange	Banana
Breadstick 0 <u>Tuesday</u>	Whole Grain Bread 0	Orange	
0 <u>Tuesday</u>	0		Cornhead
<u>Tuesday</u>	<u> </u>		
	11/	0	0
1/1//2025	<u>Wednesday</u>	Thursday	<u>Friday</u>
1/14/2023	<u>1/15/2025</u>	<u>1/16/2025</u>	<u>1/17/2025</u>
Cheese Ravioli	Gyro	Lemon Pepper Chicken	Stuffed Peppers
Italian Vegetables	w/tomato & onion	Rice Pilaf	Mashed Potatoes
Tossed Salad	Tzatziki Sauce	Broccoli	Mixed Vegetables
Breastick	Coleslaw	Tossed Salad	Dinner Roll
Apple Sauce	Pita Bread	Whole Grain Bread	Banana
0	Orange	Mixed Fruit	0
Tuesday	Wednesday	Thursday	Friday
	*		1/24/2025
			Swiss Steak
• •			Broccoli
_			Orange
			Mashed Potatoes
·			Whole Grain Bread
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			Friday
			1/31/2025
		-	Pulled BBQ Chicken Sandwich
		1	Hamburger Bun
l l	Peas & Carrots	Tossed Salad	Potato Salad
Refried Beans	Banana	Pears	Brussel Sprouts
Tortillas	Dinner Roll	Breadstick	Orange
Pineapple	0	0	0
<u>Tuesday</u>	Wednesday	Thursday	Friday
<u>2/4/2025</u>	2/5/2025	2/6/2025	2/7/2025
Chicken & Broccoli Casserole	Beef Goulash	Chicken Leg	Baked Cod
Coleslaw	Italian Vegetables	Potato Wedges	Macaroni & Cheese
Carrots		1 .	Brussel Sprouts
		1	Orange
- *******		1 ''	Whole Wheat Bread
		i	Whole Wheat bread
	Cheese Ravioli Italian Vegetables Tossed Salad Breastick Apple Sauce 0 Tuesday 1/21/2025 Pepperoni Calzone Italian Vegetables Apple 0 0 0 Tuesday 1/28/2025 Beef Tacos Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pineapple Tuesday 2/4/2025 Chicken & Broccoli Casserole Coleslaw	Cheese Ravioli Italian Vegetables Tossed Salad Breastick Apple Sauce Orange Tuesday 1/21/2025 Pepperoni Calzone Italian Vegetables O O Banana O Branana O Breastay 1/28/2025 Beef Tacos Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pineapple Tuesday 2/4/2025 Chicken & Broccoli Casserole Coleslaw  Pita Bread Coleslaw Pita Bread Orange Wednesday 1/22/2025 Swedish Meatballs Rice Mixed Vegetables Corn Banana Dinner Roll Wednesday 1/29/2025 Chicken & Dumplings Coleslaw Peas & Carrots Banana Dinner Roll O Wednesday 1/29/2025 Chicken & Broccoli Casserole Coleslaw Italian Vegetables Tossed Salad Banana Biscuit Breadstick	Cheese Ravioli Italian Vegetables Tossed Salad Breastick Apple Sauce O O Orange Italian Vegetables Tuesday 1/21/2025 Pepperoni Calzone Italian Vegetables Apple O O Banana O Dinner Roll O Dinner Roll Dinner Roll Dinner Roll Beef Tacos Chicken & Dumplings Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pineapple  Tuesday Dinner Roll Dinner Roll Dinner Roll Beef Gaulash Coleslaw Coleslaw Dinner Roll

PLEASE CALL 24 HOURS IN
ADVANCE TO CANCEL MEALS
810-632-2155

MENU SUBJECT TO CHANGE
WITHOUT NOTICE

HALF PINT OF MILK
SERVED WITH EVERY MEAL

COST SHARE \$3.50/MEAL

MONDAY 1/20
NO MEALS DELIVERED
FROZEN DELIVERED
WEDNESDAY 1/15

Our site is funded in whole or in part by the Federal Older American's Act and the AASA throught the Areag Agency on Aging 1-B. We comply with the tems and reulations of the Tite V of the Civil Rights Act of 1964 as ammeded and Section 504 of the Social Rehabilitation Act of 1973 and is an Equal Opportunity Employer. Reasonable accommodation will be provided upon request.